

2003 MARYLAND MASTERS 1000/1650 FREESTYLE SWIM MEET

Sanctioned by the Maryland Association of USMS, Inc. - Sanction # 093-008

- WHEN: Sunday, April 6, 2003
Warm-up at 12:00 noon.
Meet starts at 12:45 pm.
- WHERE: University of Maryland Baltimore County (UMBC)
in Catonsville, MD
- FACILITY: A modern, 8-lane, 25 yard pool. A 13 x 13 yard diving well will be available for warm-up throughout the meet. A fully electronic timing system and non-turbulent lane markers will be used.
- FEES: \$7.00 if received by March 31, 2003.
Late fees and deck entries are \$10.00.
- RULES: USMS rules will apply. The standard age groups will be 19-24, 25-29, 30-34, 35-39, 40-44,... 90-94,.... Results will be submitted for Top Ten recognition. All swimmers must be registered with USMS. You must send in a copy of your card. Age is determined as of 4/6/2003.
- SEEDING: Ages and sexes will be combined. Heats will be seeded fast to slow. We will alternate swimming heats of the 1650 and 1000. You may only swim one of the two events. All swimmers **must** check-in for their event no later than 12:30pm on 4/6/2003.
- AWARDS: A custom Maryland Masters award will be presented to each entrant.
- NOTE: All swimmers must provide someone to count their laps. Lap cards will be provided.
- DIRECTIONS: *From the Baltimore Beltway (695):* Take exit 12, Wilkens Ave. west. Turn left at the end of the exit ramp. UMBC is 1/2 mile on the left. Turn into the first entrance by the police station. Take a right at the stop sign at the top of the hill. Go through the next stop light. The pool is at the foot of the high rise building at the bottom of the hill.
- From Rt. 95:* Take the Catonsville (Rt. 166/195) exit. Follow the exit ramp over the bridge and bear right onto the campus. The pool is directly ahead of you at the stop sign.

REMEMBER: DAYLIGHT SAVINGS TIME BEGINS APRIL 6!

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ENTRY FORM

Please print:

LAST NAME	FIRST NAME	AGE	SEX	DATE OF BIRTH
STREET ADDRESS		USMS NUMBER		USMS TEAM
CITY	STATE	ZIP	() TELEPHONE	
EMAIL ADDRESS				

YOU MAY ONLY ENTER ONE OF THE EVENTS

EVENT NAME	EVENT NUMBER	SEED TIME
1000 yd. Freestyle	1	
1650 yd. Freestyle	2	

TOTAL FEE: \$ 7.00

Entries must be received by Mon., March 31	Make checks payable to: Maryland Masters Swim Team	You must include a copy of your USMS card.	MAIL TO: Barbara Protzman 7919 Main Falls Circle Catonsville, MD 21228 (410) 788-2964
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RELEASE BY PARTICIPANT

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

SIGNATURE (REQUIRED)

DATE