

# THE MARYLAND LMSC OF UNITED STATES MASTERS SWIMMING PRESENTS

## The 2008-2009 Carol Chidester Memorial Swim Series

Maryland is hosting a 6-meet series for 2008-2009:

- The meets will be free to all registered USMS Maryland LMSC swimmers who enter online. Deck entry fee is \$5 and will be permitted for Maryland LMSC swimmers only (Note: this Fee is waived for ages 60+ and members of the Maryland LMSC).
- Other LMSC swimmers (PV, DV, etc.) are welcome for a fee of \$10 per meet and must enter online (No deck entries will be allowed).
- New Maryland USMS registrations will be permitted on deck and will be exempt from the meet fee. USMS renewals will not be permitted on deck.
- The event list and other details for each meet will be posted on our website.
- Each meet will use an online meet entry system. The system will be accessible via <http://maryland.usms.org> 14 days before each meet and will close at 9:00pm the day prior to the meet.
- Swimmers who enter online will be pre-seeded in the meet and in the meet program. Maryland deck entries will be inserted into open lanes or into new heat(s) as required. Online entry is strongly encouraged.

- Each swimmer will be allowed to swim up to 3 individual events and 1 relay per meet.
- Each meet will have 50-100 of each stroke, 100-200 IM's, 200 freestyle, and a 200 of another stroke. The 500 free and 400 IM will be done at two of the meets. The course for all meets is short course yards (SCY) with the exception of meet #6 (SCM).

We encourage you and your teammates to attend the swim series. The meets are low-key and fun. There are post-event "socials" at most meets. Details will be posted on our website.

*The annual Maryland USMS membership meeting will take place prior to the November meet at Salisbury. The meeting time and exact location will be announced via the Maryland USMS email list and will be posted on our website.*

The *Swim Series Challenge* will include the first 5 meets. An award will be given to each swimmer who competes in all five meets or who competes in any 12 different individual events. The awards will be presented at the 6<sup>th</sup> meet.

The 6<sup>th</sup> meet in March is SCM and may be run in a special format – either "championship" style, or scoring by workout location. We are exploring several options and will post details on our website as the meet date approaches.

### MEET SCHEDULE:

<u>SANCTION</u>	<u>DATE</u>	<u>MEET DIRECTOR</u>	<u>LOCATION</u>	<u>CHECK-IN TIME *</u>	<u>WARM-UP TIME</u>
099-001	OCTOBER 18 (Sat.)	Patty Devanny	UMBC**	5:30 PM	6:00 PM
099-002	NOVEMBER 15 (Sat.)	Steve Hicks	Salisbury	2:30 PM	3:00 PM
099-003	DECEMBER 14 (Sun.)	Mike Jacobson	Howard County	1:00 PM	1:30 PM
099-004	JANUARY 17 (Sat.)	Rand Vaillancourt	AOSC	11:00 AM	12:00 PM
099-005	FEBRUARY 7 (Sat.)	Chris Stevens	Severna Park***	4:30 PM	5:00 PM
099-006	MARCH 28 (Sat.)	Rand Vaillancourt	Big Vanilla****	3:00 PM	4:00 PM

\*Positive check-in required, even for online entries.  
Check-in CLOSES at warm-up time. No late check-ins will be permitted.

\*\* The UMBC meet follows another meet at that facility. We will run a modified event schedule in order to ensure the meet does not run too late. There is a chance that the meet may start earlier. We will implement a communications plan for announcing an earlier start to the meet. That plan will be posted on our website.

\*\*\* At 3:00pm in the Holy Grounds building, there will be a meeting for any MD LMSC swimmer who wishes to compete at YMCA Nationals.

\*\*\*\* Big Vanilla course is Short Course Meters (SCM)

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### CONDUCT:

- All meets will be sanctioned and have two officials. All participants must be registered with **United States Masters Swimming (USMS)**. Visit <http://maryland.usms.org> for USMS registration and more information.
- Some meets may be seeded strictly by time. In these meets, men and women will compete together. Scores will be calculated as usual (by age group and by sex).
- The relays in all meets can be Mixed, Women, or Men. Mixed relays **MUST** consist of two men and two women.
- All members of a relay team **MUST** be from the same registered team (no unattached swimmers allowed).
- The relays will be swum according to standard USMS relay age groups (18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+).

### Directions to Swim Series Meet Locations:

#### **UMBC: From the Baltimore Beltway (I-695):**

Exit 12, Wilkens Avenue West. UMBC is on the left. Turn into the first entrance by the police station. Take right at the stop sign at the top of the hill. Go through the next stop light. The pool is at the foot of the highrise building at the bottom of the hill.

**From I-95:** Take the Catonsville exit (Rt. 166/195). Follow the exit ramp over the bridge and bear right onto the campus. The pool is directly ahead of you at the stop sign.

#### **Salisbury YMCA -- 715 S. Schumaker Dr., Salisbury, MD 21802**

Take US-50 East across the Bay Bridge, towards Salisbury. As you approach Salisbury, US-50 forks with US-50 Business Route. Stay right, this becomes US-50 Business Route and follow for 4.9 miles. Turn right onto Beaglin Park Drive and follow for 1.2 miles. Turn right onto South Schumaker Drive (4th Light) and follow for 0.6 miles and the Y is on the right. Phone number is 410-749-0101.

#### **Howard County YMCA – 4331 Montgomery Rd, Ellicott City, MD 21043.**

Take I-95 towards Columbia/Ellicott City  
Take the MD-100 West Bound exit  
Take exit 1A for Long Gate Parkway  
Go through 2 lights and turn into YMCA parking lot on left.

#### **Arundel Olympic Swim Center:**

From 695, take Rt. 97 south to Rt. 50 east. Take the first exit #22, Aris T. Allen Blvd/Rt. 665. Take the first exit onto Riva Rd. south (right). Go thru 3 lights. The Arundel Olympic Swim Center is about 50 yds. ahead on the right, next to Annapolis High School.

#### **Woods Community Aquatic Center: (Formerly Severna Park YMCA)**

From 695, take Rt. 97 south to Benfield Blvd. east. Take a right on Evergreen Rd at the traffic light at the Severna Park High School. When the road ends at Baltimore Annapolis Pike, Woods is straight ahead. Take a right, then 2 lefts to parking.

#### **Big Vanilla: 26 Magothy Beach Road, Pasadena, Maryland**

**From the South:** from route 50, take I-97 North to MD Route 100 EAST. Take a LEFT on MAGOTHY BEACH ROAD. Big Vanilla is on the left.

**From the North:** from the Baltimore Beltway, take Route I-97 South to MD Route 100 East. Take a left on MAGOTHY BEACH ROAD. Big Vanilla is on the left.

#### **Meet Director Contacts:**

Patty Devanny: [devannyp@aol.com](mailto:devannyp@aol.com)  
Steve Hicks: [hickster@alumni.coloradocollege.edu](mailto:hickster@alumni.coloradocollege.edu)  
Mike Jacobson: [mikej@comcast.net](mailto:mikej@comcast.net)  
Rand Vaillancourt: [coachrandv@aol.com](mailto:coachrandv@aol.com)  
Chris Stevens: [cwstevens@aol.com](mailto:cwstevens@aol.com)